



Lt. Anagha A. Padhye  
NCC/09310016  
Associate NCC Officer  
S.D. College, Palghar

8 Maharashtra Girl Bn  
NCC, TN Medical College  
Hostel Building, Haji Ali  
Mumbai 34

04/12/2019

### **Notice for Cadets.**

All NCC Cadets are hereby instructed that the meeting is arranged for the activity of Plogging from 7/12/2019 to 14/12/2019 (Any two days).

The meeting will be scheduled at the NCC Office on 5/12/2019 at 9.10 am. All NCC cadets are required to attend the meeting.

Lt. Anagha A. Padhye  
Associate NCC  
Officer

## LIST OF CADETS

<b>Sr no.</b>	<b>Name of Cadets</b>
1.	GSUO Tanvi Patil
2.	Cdt Upasana Pal
3.	Cdt Fiza Bhimani
4.	Cdt Shristy Tiwari
5.	Cdt Nisha Gupta
6.	Cdt Pooja Bansode
7.	Cdt Bhagyashri Solankar
8.	Cdt Nidhi Patil
9.	Cdt Mansi Raut
10.	Cdt Priti Katkakar
11.	Cdt Manasi Jadhav
12.	Cdt Manasi Gharat
13.	Cdt Gauri Mardi
14.	Cdt Ritika Dhodi
15.	Cdt Suman Yadav
16.	Cdt Ruchika Patil
17.	Cdt Sreelakshmi Rajan
18.	Cdt Himali Vadhan
19.	Cdt Priya Magar
20.	Cdt Varsha Singh
21.	Cdt Esha Pawade
22.	Cdt Aishwarya Mothe
23.	Cdt Nirma Parmar
24.	Cdt Akansha Patil

## CADETS PARTICIPATED

(2019-20)  
 Plogging  
 (14/12/2019)

Sl. No.	Names of cadets	Sign
01.	GSUB Tanvi Patil	<u>Patil</u>
02.	CDT Nisha Gupta	<u>N Gupta</u>
03.	CDT upasana pat	<u>U. Pat</u>
04.	CDT Fiza Bhimani	<del>SB</del>
05.	CDT Shristy tiwari	<u>Shristy</u>
06.	CDT Pooja Bansode	<u>Pooja</u>
07.	CDT Bhagyashri Solankar	<u>Bsolankar</u>
08.	CDT Nidhi Patil	<u>Npatil</u>
09.	CDT Mansi raut	<u>M.raut</u>
10.	CDT Priti katkakar	<u>Pratikar</u>
11.	CDT Manasi Gharat	<u>Mgharat</u>
12.	CDT Gauzi mardhi	<u>Gmardhi</u>
13.	CDT Ritika dhodi	<u>R.dhodi</u>
14.	CDT Suman yadav	<u>S.yadav</u>
15.	CDT Ruchika Patil	<u>Ruchika</u>
16.	CDT sreelakshmi rajan	<u>Sreelakshmi</u>
17.	CDT Himali	<u>H</u>
18.	CDT Priya magar	<u>Priyam</u>
19.	CDT varsha singh	<u>Vsingh</u>
20.	CDT esha pawade	<u>esha</u>
21.	CDT Aishwarya mothe	<u>A</u>

Sr.No	Names of cadets	Sign	Sr.No
22.	CDT Nirma Parmar		22
23.	CDT Akangha Patil	<u>(Signature)</u>	23
24.	CDT Manasi Jadhav	M. Jadhav	24
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## Report on Plogging 2019-20

### 1. Title of the Activity/Event/Practice

Plogging

### 2. Objectives

1. To promote fitness and cleanliness
2. To reduce the environmental impact of plastic waste.

### 3. The Context

Plogging is a simple activity. All a plogger needs, besides a concern for the state of the environment and the ecosystem, are suitable jogging gear, the desire to get outside to jog, and the ability to stay on task by scanning for and picking up quickly (to keep up the heart rate) litter while jogging.

### 4. The Practice

On 14<sup>th</sup> December 2019, the NCC Cadets of Sonopant Dandekar College organized a Plogging pick-up and run. To promote fitness and cleanliness among students and the people around.

### 1. Outcomes

- Plogging resulted in a cleaner environment by removing litter and debris from public spaces such as parks, beaches, and streets.
- Raised awareness about the negative impact of litter on the environment and promoted a culture of responsible waste disposal.
- Plogging combines the benefits of physical fitness with environmental responsibility.



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## Glimpse of the event



Group Photo



Cadets Cleaning Student Amlani Rest